



# ***“The Assumption of Mary into Heaven in Body and Soul”...***

## **FROM THE BOOK OF REVELATION:**

*“The woman was given the two wings of the great eagle, so that she could fly to her place in the desert, where, far from the serpent, she was taken care of for a year, two years, and a half-year.” (Rev.12:14)<sup>1</sup>*

## **MEDITATION ON THE MYSTERY:**

Lord, give us the grace to be taken up (or “assumed”) ever more fully into our divine calling: that is, our sanctification, since St. Peter says, “*as he who called you is holy, be holy yourselves in every aspect of your conduct*” (1Pet 1:15). (cf. SLC, pp. 467; 372B)

## **FROM THE TEACHINGS OF THE CATHOLIC CHURCH:**

- In regards to being assumed into the divine calling of holiness, Pope Francis says: “*King David is the holy King David... He was a saint and a sinner... David acknowledged, ‘I have sinned’, and asked forgiveness... We were all chosen by the Lord in Baptism... to be saints... In the journey that the Lord calls us to make, there are no saints without a past, nor sinners without a future.*” (FRANCIS, Meditation, 19 January 2016)

<sup>1</sup> NABRE (USCCB)

### **FREE AND PERSONAL MEDITATION**

*(for a personal contribution to give to those who listen):*

- .....
- .....

*Then follows ...*

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria ....”

*Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...*